Wing-T Playbook

I. Alignment & Formations

II. 10 Series

III. 20 Series

IV. 30 Series

V. 40 Series

VI. 50 Series

VII. 60 Series

VIII. 80 Series

IX. 90 Series
Alignment & Formations
Three digit play calling system - 121
1. First digit is the formation - 100
2. Second digit is the series - 20
3. Third digit is the hole - 1

SPLITS AND ALIGNMENT

We can widen our splits 1' with defender head up.

If the tackle is uncovered, the TE splits 6' from the tackle.

If TE splits wider than 3', the wing aligns 2 yards from the normal 3' alignment of the TE. This places the wing 3 yards from the tackle's outside leg, regardless of TE's split.

LINEMEN - get as far back of the line of scrimmage (LOS) as is legal in a balanced 3 point stance with head up and flat back
FULLBACK - depth of 4 yards off of LOS behind the Center in a balanced 2 point stance with eyes forward
HALFBACKS - align at fullback's depth just a few inches wider than the Offensive Tackle in a balanced two point stance with eyes forward
WINGBACK - align 2 yards of LOS and 2 yards outside Tight End in a balanced 2 point stance with eyes forward
SPLIT END - align 12 yards from Offensive Tackle in a 2 point stance with the inside foot back and eyes on ball
QUARTERBACK - align directly behind the Center
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<thead>
<tr>
<th>100</th>
<th>900</th>
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<tr>
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<td><img src="image2.png" alt="Diagram" /></td>
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<td>Split 100</td>
<td>Spread 100</td>
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reduces split end to 4-5 yards
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<th>Right 100</th>
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<td>Tight 100</td>
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<td>Twins 100</td>
<td>Trips 100</td>
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*both ends on same side*
10 Series

1. Blue 11/Red 19
2 - Run "out" pattern at 12 yards
3 - Reach-on-area
4 - Reach-on-area
5 - Reach-on-area
6 - Reach and cup
7 - Reach and cup
8 - Crossing pattern
QB - Sprint out right-option run or pass
LH - Soft cross
RH - Flat pattern
FB - Aggressively block first free man at flank
20 Series

1. 121/929
2. Slot 121 Trap Option/Slot 929 Trap Option
3. 121 Waggle/929 Waggle
4. 122 Gut/928 Gut
5. Loose 123 GT/Loose 927 GT
6. 124/926
7. 124 GT/926 GT
8. 126 Gut/924 Gut
9. 129/921
10. Red 21 Jet/Blue 29 Jet
11. Red 24 Jet GT/Blue 26 Jet GT
12. Red 29 Jet/Blue 21 Jet
13. Red 21 Waggle Block/Blue 29 Waggle Block
14. Red 21 Waggle Solid/Blue 29 Waggle Solid
15. Red 29 Waggle Solid/Blue 21 Waggle Solid
16. Red 21 Waggle Screen to LH/Blue 29 Waggle Screen to RH
17. Blue 21 Option Pass/Red 29 Option Pass
18. Blue 21 Waggle
19. Right Loose Red 21 Trap Option Load/Left Loose Blue 29 TOL
2 - Gap-down-backer
3 - Gap-down-backer
4 - Pull block out first man outside RH's block
5 - Reach left
6 - Pull-wall off
7 - Cut off
8 - Cut off
QB - Reverse pivot-follow midline-hand off to LH-bootleg left
LH - Carrier-receive handoff
RH - Block first free man inside
FB - Dive for left foot of 5 man
2 - Crack 2-stock 1  
3 - Gap-bump-lead-backer  
4 - Gap-on-lead-backer  
5 - Post-left  
6 - Pull-log first man from outside foot of 3 man  
7 - Pull-check  
8 - Cut off  
QB - Reverse pivot over midline for 2 steps-pause-then execute option  
LH - Take off on snap-run option path-look for pitch  
RH - Check 2-stalk 1  
FB - Fake 123 Guard Trap
Slot 929 Trap Option
2 - Run crossing pattern
3 - Gap-on area (pull check on "odd" call)
4 - Pull-read 6's block-clean up chase-block out (do not pull vs. eagle)
5 - Reach-right
6 - Pull-hook 2nd man from 5
7 - Gap-down-on
8 - Waggle pattern

QB - Reverse pivot-fake to LH-option run or pass
LH - Fake 121-block first man outside of 5
RH - Run post pattern
FB - Dive for inside foot of 6 man-block 6 man's area-slide delayed into flat
929 Waggle

Diagram of a football play with markings for B, S, C, E, T, and B on the field.
122 Gut

2 - Down-backer
3 - Gap-down-backer
4 - Pull-gut
5 - Reach-left
6 - Pull-inside out
7 - Pull-check
8 - Cutoff

QB - Reverse pivot-hand off to LH-bootleg left
LH - Carrier: Receive ball-cut inside of 6 man’s block
RH - influence 1st man on or outside of 2 man-wall off
FB - Fake 21
Loose 123 GT

2 - Tight: Backer-outside
   Spread(splilt or slot): Crack
3 - Bump-lead-backer
4 - Gap-on-lead-backer
5 - Post-area-left
6 - Pull-inside out
7 - Gap-backer-on
8 - Cutoff
QB - Reverse pivot-hand off to FB-fake 21 trap option
LH - Fake 21 trap option
RH - Block first backer versus even-DE versus odd
FB - Carrier: Dive for right foot of 5 man
2 - Tight: Gap-cutoff
  Spread: Out cut
3 - Gap-on-backer
4 - Gap-on-lead
5 - Post-left
6 - Pull-block through hole
7 - Gap-backer-on
8 - Gap-cutoff
QB - Reverse pivot-hand off to FB-bootleg left
LH - Fake 21
RH - Fake 21-cutoff
FB - Carrier: Dive for left foot of 5 man
2 - Spread: Out cut
3 - 1st backer from 5 man
4 - Gap-lead-backer-influence
5 - Post-left
6 - Pull-inside out
7 - Gap-backer-on
8 - Spread: Cutoff
   Tight: Gap-cutoff
QB - Reverse pivot-hand off to FB-bootleg left
LH - Fake 21
RH - Fake 21-cutoff
FB - Carrier: Dive for left foot of 5 man
2 - Gap-cutoff
3 - Gap-backer-on
4 - Pull-block through hole
5 - On-right
6 - Pull-fake 29
7 - 1st backer from 5 man
8 - Spread: Out cut
   Tight: Gap-backer-cutoff
QB - Reverse pivot-hand off to FB-bootleg right
LH - Fake 29
RH - Fake 29
FB - Carrier: Dive for right foot of 5 man
2 - Cutoff
3 - Cut off
4 - Pull-Wall off
5 - Reach right
6 - Pull-block out on first man outside of LH's block
7 - Gap-down-backer
8 - Stalk 1

QB - Reverse pivot-follow midline-hand off to RH-bootleg right
LH - Block first free man inside
RH - Carrier: Receive handoff
FB - Dive for right foot of 5 man
2 - Block first man outside C gap
3 - Block first man outside B gap
4 - Pull- block first man outside of 3 man’s block
5 - Reach playside
6 - Reach playside
7 - Reach playside
8 - Cutoff

QB - Call cadence so ball is snapped when LH is in backside B gap - Reverse pivot-handoff to playside A gap-run to hash
LH - Carrier: Leave in early motion in a full sprint-receive hand off in front side A-run to the corner
RH - Stalk 1
FB - Dive for left foot of 5 man
2 - Block first man outside C gap
3 - 1st backer from 5 man
4 - Pull - block first man outside of 3 man’s block
5 - Reach on-backside
6 - Pull inside out
7 - Reach playside
8 - Cutoff
QB - Call cadence so ball is snapped when LH is in backside B gap-
Reverse pivot-handoff to playside A gap-run to hash
LH - Leave in early motion in a full sprint-fake 21
RH - Stalk 1
FB - Carrier: Dive for right foot of 5 man
Red 29 Jet

2 - Reach playside
3 - Reach playside
4 - Reach playside
5 - Step playside regardless of front
6 - Pull-block first man outside of LH's block
7 - Block first man outside of B gap
8 - Stalk 1

QB - Call cadence so ball is snapped when RH is in backside B gap. Reverse pivot-handoff to playside A gap-run to hash
LH - Block first man outside of 7 man's block
RH - Carrier: Leave in early motion in a full sprint-receive handoff in frontside A-run to the corner
FB - Dive for right foot of 5 man
Blue 21 Jet
Red 21 Waggle Block
Red 21 Waggle Solid

2 - Fake 21-release through inside shoulder of safety
3 - Gap-on-area
4 - Gap-on-area
5 - Reach-right
6 - Gap-on-pull
7 - Gap-on-outside
8 - Post

QB - Reverse pivot-fake to LH-begin waggle path-set up on inside foot of 7 man at depth of 7 yards
LH - Fake 21-block 3rd man-flare
RH - Fake 21-run fly pattern
FB - Dive for left foot of 5 man-block backer
Blue 29 Waggle Solid
Red 21 Waggle Screen To LH
Blue 29 Waggle Screen To RH
Blue 21 Option Pass

2 - Slant
3 - Gap-on
4 - Gap-lead-down
5 - Post-left
6 - Pull-log 1st man outside 3 man
7 - Pull-check
8 - Release inside-crossing
QB - Reverse pivot to midline for 2 steps-read secondary-pass-or option
LH - Take off on snap-run option path-look for pitch
RH - Flare outside slant pattern-look for pass over inside shoulder
FB - Fake 24 GT
Red 29 Option Pass
Blue 21 Waggle

2 - Tight: Crossing pattern(read safety)
   Spread: Post pattern-key HB's pattern
3 - Gap-on area(pull check on "odd" call)
4 - Pull-read 6's block-clean up chase-block out(do not pull vs. eagle)
5 - Reach-right
6 - Pull-hook 2nd man from 5
7 - Gap-down-on
8 - Tight: Waggle pattern
   Spread-fly
QB - Reverse pivot-fake to LH-option run or pass
LH - Start in motion-block first man outside of 3 man's block
RH - Fake 921-key middle safety-run crossing pattern
FB - Dive for inside foot of 6 man-block 6 man's area-slide delayed into flat
Right Loose Red 21 Trap Option Load
Left Loose Blue 29 Trap Option Load
30 Series

1. 131/939
2. Tight 131 Pass/Tight 939 Pass
3. 132/938
4. Tight 132 Keep Pass/Tight 938 Keep Pass
5. 134 CT/936 CT
6. Slot 134 CT at 8/Slot 936 CT at 2
7. Slot 134 CT Short/Slot 936 CT Short
8. 134 CT Boot Pass/936 CT Boot Pass
9. Tight 137 CTXX/Tight 933 CTXX
10. Slot 138 CTXX/Slot 932 CTXX
11. Tight 139 CTXX/Tight 931 CTXX
12. Tight 139/Tight 931
13. Loose M 131 Option Wall/Loose M 939 Option Wall
14. Loose 131 Load/Loose 939 Load
15. Loose Z 131 Option/Loose Z 939 Option
16. Slot 131 Fan/Slot 939 Fan
17. Slot 133/Slot 937
18. Slot 932 CT Shuffle Pass/Slot 138 CT Shuffle Pass
19. Tight 132 CT/Tight 938 CT
20. Tight 134 CT Jump Pass/Tight 936 CT Jump Pass
21. Tight 137 Dive to LH/Tight 933 Dive to RH
22. Tight 138 CTXX Boot Pass/Tight 932 CTXX Boot Pass
23. Tight 936 CT Pass/Tight 134 CT Pass
24. X139/X931
2 - Gap-conditional-post-read
3 - Reach-on-backer-pull if uncovered
4 - Reach-on-backer
5 - Reach-on-backer
6 - Reach-on-backer
7 - Pull if uncovered-man on-reach
8 - Cut off
QB - Reverse pivot0follow midline-hand off to LH-bootleg left
LH - carrier
RH - block first free man inside
FB - Head for tail of 2 man-block first man outside of RH's block
2 - Fake gap block-run flag pattern
3 - Gap-inside
4 - Pull-block first man outside of 3
5 - On-right
6 - Pull-react to LH's call-block on line of scrimmage or turn up
7 - Block 1st man outside of 5
8 - Run crossing pattern
QB - Reverse pivot-handoff to LH-fake bootleg at nine
LH - Carrier: Receive ball-if RH is open dump pass the ball-if defense drops off call "go" and run
RH - Fake gap block-run into flat at 5 yards
FB - Block 1st man outside of 3's block
2 - Lead("60" call)-backer-influence block right
3 - Gap-post(man on "60" call)-lead("blue" call)
4 - Gap-area-post(man on)
5 - On-area-left
6 - Pull-wall off
7 - Pull-check
8 - Out cut
QB - Reverse pivot-handoff-bootleg left
LH - Carrier: Run directly for hole
RH - Influence first man on or outside of 2-wall off
FB - Head for tail of 3 man-block first man outside of 3 man
Tight 132 Keep Pass

2 - Gap (If you block call "2") - no one in gap run flag pattern
3 - Gap-area-on
4 - Gap-area
5 - Gap-area-left
6 - Pull to outside leg of 3-2 steps depth-block back
7 - Block 2nd man outside 5
8 - Crossing pattern-split FB and deep receiver
QB - Reverse pivot-fake ball to LH and roll at one-Turn on speed no deeper than 5 1/2 yards-if they give it to you, run
LH - Fake 132-flatten out behind 3 and block 1st man outside of RH's block (or 2's block)
RH - If end calls "2" run flag pattern-if you hear nothing block 1st man on or outside of end
FB - Run directly at first man outside of RH-fake block-slip him and run into flat at 5 yards
2 - Gap-backer
3 - First backer from 5 man-block safety
4 - Gap-lead-backer(influence)
5 - Post-lead-backer
6 - Area-post
7 - Pull-inside out
8 - Spread: Out cut
   Tight: Cutoff
QB - Reverse pivot-hand ball off to LH-bootleg left
LH - Carrier: Rock weight on left foot-receive inside handoff
RH - Leave in early motion-block 1st man outside of 8 man
FB - Drive for 6-7 seam-block 1st man in area
2 - Cutoff
3 - Pull-check
4 - Pull-wall off
5 - On-area-right
6 - Gap-area-post
7 - Gap-post-lead
8 - Lead-backer-influence block left

QB - Reverse pivot-hand ball of to LH-bootleg right
LH - Carrier: Rock weight on left foot-receive inside handoff
RH - Leave in early motion-block 1st man outside of 8 man
FB - Head for tail of 7 man-block 1st man outside of 7 man
2 - Cutoff
3 - Backer
4 - Pull away
5 - Reach-release down L.O.S.
6 - Outside
7 - Pull-inside out (noseguard on "odd" call)
8 - Cutoff

QB - Reverse pivot-hand ball off to LH-bootleg left
LH - Carrier: Rock weight on left foot-receive inside handoff
RH - Leave in early motion-block 1st man outside of 8 man
FB - Drive for 6-7 seam-block first man in area (backer on "odd" call)
134 CT Boot Pass

2 - Tight: Crossing pattern
   Spread: Post
3 - Gap-on-area
4 - Gap-on-lead
5 - Post-lead
6 - Area-post
7 - Pull-block chase
8 - Angle flag pattern-if covered sideline at no less than 15 yards
QB - Reverse pivot-fake 34 Counter-bootleg run or pass option
LH - Fake 3 Counter
RH - Leave in early motion-block 1st free man off corner
FB - Run 34 Counter-run into flat at 5 yards
Tight 137 CTXX

2 - Pull-block through hole-wall off
3 - Pull-check
4 - Pull-block inside out
5 - Post-area-right
6 - Gap-post-lead
7 - Gap-lead-influence-block left (gap stack-backer)
8 - Split: wall off
   Spread: Cutoff
   QB - Reverse pivot-hand off to LH-bootleg left
   LH - Receive handoff from QB-give ball inside to to RH-fake at 31
   RH - Carrier: Receive handoff from LH-head for tail of 6 man
   FB - Dive for outside foot of 3 man-block 1st man off 2 man's tail
Slot 138 CTXX

2 - Tight: Pull-wall off
   Spread or slot: Cutoff
3 - Pull-check(pull-wall off without TE)
4 - Pull-inside out
5 - On-area-right
6 - Gap-area-post
7 - Gap-post-lead
8 - Lead-backer-influence-block left
QB - Reverse pivot-hand off to LH-bootleg left
LH - Receive handoff from QB-give ball inside to RH-fake at 31
RH - Carrier: Receive handoff from LH-head for tail of 7 man
FB - Dive for outside foot of 3 man-block first man off 2 man tail
2 - Block out
3 - Block 2nd man on or outside 5
4 - Pull-block through and in
5 - On-area-left
6 - Pull-hook 1st man outside of 8's block
7 - Gap-inside
8 - Gap-on-inside
QB - Reverse pivot-hand ball off to LH-bootleg-block outside in
LH - Receive handoff-criss cross ball outside to RH-fake at one
RH - Carrier: Jab step with right foot-reverse for outside criss cross
   handoff-get depth-turn up field
FB - Check off outside foot of 3
2 - Cutoff
3 - Block 1st man outside of 5
4 - Pull-personal escort
5 - On-block left
6 - Pull-turn up-wall off
7 - Gap-inside
8 - Gap-on-inside
QB - Reverse pivot-hand off-fake bootleg at one
LH - Block outside in-1st man outside of 8
RH - Carrier: Leave in motion-carry at nine-use LH's block then FB's
FB - Block out-1st man outside of LH's block(if LH is blocking out-turn in before blocking out.)
2 - Crack 2-stalk 1
3 - Reach-on-backer
4 - Reach-on-backer
5 - Reach-on-backer
6 - Reach-on-backer
7 - Pull-check
8 - Cutoff (short yardage or goal line-pull check)

QB - Reverse pivot to midline for 2 steps-execute option
LH - Take off on snap-run option path-look for pitch
RH - Prevent penetration-wall off
FB - Flare-block support
Loose 939 Load
Loose Z 939 Option
2 - Block 1st man inside
3 - Gap-on-outside
4 - Gap-on-inside
5 - On-block left
6 - Pull-turn up-wall off
7 - Block 2nd man on or outside of 5
8 - Cutoff
QB - Reverse pivot-hand ball off ot LH-fake bootleg at nine
LH - Carrier: Receive ball-look for end's block-turn upfield
RH - Block 2nd man on or outside 3-use appropriate shoulder
FB - Block 1st man outside of 2's block(any way)
2 - Fake sweep block-wall off
3 - Gap-post-lead
4 - Gap-area-post
5 - On-left
6 - Pull-inside out
7 - Block 2nd man on or outside of 5
8 - Cutoff

QB - Reverse pivot-hand ball off to LH-fake bootleg at nine
LH - Carrier: Receive handoff from QB-run parallel to L.O.S.-turn off post blocker
RH - Block lead-influence and block 1st man outside
FB - Run parallel to line-block through the hole and in
Slot 932 CT Shuffle Pass

2 - Lead-block right
3 - Gap-post-lead
4 - Gap-area-post
5 - On-area-check left
6 - Inside out
7 - Block 1st man outside of 6
8 - Cutoff

QB - Reverse pivot-fake 36 CT Boot-get 7 yards depth-pass ball to LH
LH - Leave in one count motion-go in front of FB's original position-head for tail of 3-receive pass-turn up field
RH - Fake 36 CT
FB - Cheat to right and up-sprint for tail of 3-turn in-wall off
Slot 138 CT Shuffle Pass
Tight 132 CT

2 - Lead-block right
3 - Gap-post-lead
4 - Area-post
5 - On-area-left
6 - Inside out
7 - Block 2nd man on or outside 5
8 - Pull-block through hole and look inside

QB - Reverse pivot-handoff ball inside to LH-fake at nine
LH - Carrier: Step up and out with left foot-trail end as you receive inside handoff
RH - Fake at nine-leave in motion or fake one block and release
FB - Block check-dive for 6-7 seam-block 1st man in area
2 - Fake lead-run circular path to spot-receive pass
3 - Block man on-man to your side
4 - Lead-block right
5 - Gap-post(on or over)-lead
6 - Block post man in 5-6 gap-no man on or over post man on you-
man on or over 5 block man on you or first man to your outside
7 - Inside out
8 - Block 2nd man outside of 6
QB - Reverse pivot(bring ball to LH)-hand off inside-fake bootleg at
nine
LH - Rock weight on left foot(hesitate for ball)-receive ball-move to
line jump and pass to RE
RH - Leave in motion-fake 34 CT
FB - Drive for 6-7 seam-block 1st man in area
Tight 936 CT Jump Pass
Tight 137 Dive to LH

2 - Cutoff
3 - Cutoff
4 - Pull-fake away one play
5 - On-over-left gap
6 - Widen-block gap-pull away
7 - Outside-on-over
8 - Pull-block 1st man inside of 7

QB - Reverse pivot-hand ball off to LH-fake keep at nine
LH - Carrier: Step up and out with left foot-receive ball-use 8's block
RH - Leave in motion-fake at nine
FB - Cheat up 2 feet-drive for tail of 7-1st man outside of 7's block
2 - Pull-fill hole left by 4 man
3 - Block 2nd man on or outside 5-head on right side
4 - Block inside out as 38-keep head on right side
5 - On-area-left
6 - Gap-area-post
7 - Gap-man on-you will not post but take him alone
8 - Run across pattern-flat and fast
QB - Reverse pivot(as 132)-fake to LH as on 123 keep pass-place ball on hip and drift to about 8 yards-throw to open man
LH - Fake 138 CTXX
RH - Fake 138 CTXX
FB - Drive for inside leg of 2-run under control for 5 yards-sprint for the flag looking over your right shoulder
Tight 932 CTXX Boot Pass
Tight 936 CT Pass

2 - Run normal bootleg pattern
3 - Pull-block inside out
4 - Same 936 CT-block post(4-5 gap)-no man on or over 5 post-man on or over block man on block right
5 - Same as 936 CT-block gap-post on or over-lead
6 - Lead-area
7 - On-area
8 - Run across pattern delayed
QB - Rverse pivot-move quickly to RH-fake 33 Dive-keep ball and throw to open man
LH - Leave in early motion-get way out in front of QB-turn up into flat
RH - Fake 933 Dive-block 1st man outside of 3's block
FB - Dive for tail of 3(follow RH)-take open spot and slip into flat at 5 yards
Tight 134 CT Pass
2 - Cutoff
3 - Block 1st man outside of 5
4 - Pull-personal escort
5 - On-left
6 - Pull-turn up-wall off
7 - Gap-inside
8 - Gap-on-inside
QB - Reverse pivot-hand off-fake bootleg at one
LH - Block inside out-1st man outside at fullback's block
RH - Carrier: Leave in motion-carry at nine-use FB's block then LH's
FB - Block 1st man on or outside 8
40 Series

1. Slot 141 Option/Slot 949 Option
2. 142 Option Gut/948 Option Gut
3. Loose 143 On/Loose 947 On
4. Tight T 944 Wedge
5. Tight T 944 Wedge QB Sneak
6. Blue 41 Option Pass/Red 49 Option Pass
7. Right Loose Red 41 Option/Left Loose Blue 49 Option
8. Tight 149/Tight 941
9. Spread 44 Arc
10. Spread 44 Seal
2 - Spread: Crack 2-stalk 1
3 - Gap-bump-lead-backer
4 - Gap-on-lead
5 - Reach-on-backer
6 - Reach-on-backer
7 - Reach-on-backer
8 - Cutoff
QB - Step back-ride ball to FB-execute triple option
LH - Leave in one step motion-be in position to receive the pitch
RH - Check 2-stalk 1. If 3 men are outside of 3 man-wall with 2
FB - Dive for outside hip of 4 man-accept handoff or fake and block area
2 - Down-backer (Double team on "60" call)
3 - Gap-down-backer (man on double team "60" call)
4 - Pull-gut backer to FS (block LB on "60" call)
5 - Reach-on-backer
6 - Reach-on-backer
7 - Reach-on-backer
8 - Cutoff
QB - Step back-ride ball to FB - execute veer option
LH - Leave in early motion - be in position to receive pitch
RH - Block LB to FS
FB - Dive for outside hip of 4 man - except handoff or or fake an block area
2 - Fake crack-cutoff
   Tight: Gap-on-backer
3 - Gap-on-backer
4 - Gap-on-backer
5 - On-left
6 - Pull-wall off tail of 5 man(block out on "odd" call)
7 - Reach-on-backer(loop around 6 man to LB on "odd" call)
8 - Cutoff
QB - Step back-hand ball off to FB-fake 41 option
LH - Leave in one step motion-fake 41 option
RH - Block first man on
FB - Carrier: Clear the outside hip of the 4 man-read defensive
tackle(noseguard on "odd" call)-select opening
Loose 947 On
2 - Close with left footwedging area from 3 man’s shoulder
3 - Close with left foot wedging area from 4 man’s shoulder
4 - Wedge your left shoulder-blocking area
5 - Wedge your right shoulder-blocking area
6 - Close with right foot wedging area with 5 man’s shoulder
7 - Close with right foot wedging area with 6 man’s shoulder
8 - Close with right foot wedging area with 7 man’s shoulder
QB - Open to FB-bring ball to him quickly
LH - Shorten-block 1st man outside of 8 man’s wedge
RH - Dive for tail of 3 man-block first man outside of 2 man's wedge
FB - Carrier: Receive ball-quickly run to line-dive or slide to opening for yardage
2 - Close with left shoulder wedging area from 3 man's shoulder
3 - Close with left foot wedging area from 4 man's shoulder
4 - Wedge your left shoulder-blocking area
5 - Wedge your right shoulder-blocking area
6 - Close with right foot wedging area with 5 man's shoulder
7 - Close with right foot wedging area from 6 man's shoulder
8 - Close with right foot wedging area from 7 man's shoulder
qb - Dive or slide to opening for yardage
lh - Shorten-block 1st man outside of 8 man's wedge
rh - Dive for tail of 3 man-block 1st man outside of 2 man's wedge
fb - Follow QB to hole
Blue 41 Option Pass

2 - Slant
3 - Gap-on-area
4 - Gap-on-lead
5 - Post-area
6 - Reach-on-area
7 - Reach-on-area
8 - Release inside-crossing
QB - Step back-ride ball to FB-read secondary-pass or option
LH - Leave in one step motion-be in position to receive pitch or pass
RH - Flare outside slant pattern-block
FB - Fake 41 Option
Red 49 Option Pass
Right Loose Red 41 Option
Left Loose Blue 49 Option
2 - Cutoff
3 - Block 1st man outside of 5
4 - Pull-personal escort
5 - On-left
6 - Pull-block out on DB (adjust course to LH's block)
7 - Gap-inside
8 - Gap-on-inside
QB - Reverse pivot-handoff to RH-fake bootleg at one
LH - Block outside in-first man outside of 8
RH - Carrier: Leave in motion-receive ball-use LH's block then 6's
FB - Drive for 7-6 seam-turn in-wall off
Tight 941
Spread 44 Arc

ALWAYS RUN MIDLINE TO "3" TECHNIQUE

2 - 3 or more push crack-otherwise stalk
3 - 1st backer fom 5
4 - Gap-backer
5 - Fire-on-left-backer
6 - Reach-on-backer
7 - Hinge
8 - Cutoff
QB - Open off midline-run option-if in doubt don't give to FB
LH - Take off on snap-run option path-look for pitch
RH - M Motion-arc support
FB - Dive for crack of center
ALWAYS RUN MIDLINE TO "3" TECHNIQUE

2 - Outside
3 - Outside-backer
4 - Gap-backer
5 - Fire-on-left-backer
6 - Reach-on-backer
7 - Hinge
8 - Cutoff

QB - Open off midline-run option-if in doubt don't give to FB
LH - Take off on snap-run option path-look for pitch
RH - Motion block "C" gap backer
FB - Dive for crack of center
50 Series

1. Blue 51/Red 59
2 - Run loop "out" at 6 yards
3 - Gap-on-outside
4 - Gap-on-inside
5 - Step and cup
6 - Step and cup
7 - Step and cup
8 - Hook at 12 yards by 5 yards

QB - Drop back right 3 steps-then to 5-7 on on individual call
LH - Block 1st free backer-drag if backer drops and hook at 5 yards in open area
RH - Turn up field and look over inside shoulder(hook at 12 yards)
FB - Watch 3 man-block if rushes-run flare pattern if drops into coverage
60 Series
1. Slot 163 Draw/Slot 967 Draw
2. Spread 61 Y Screen Left
3. Loose 61
2 - Release-block down field
3 - Gap-on-outside
4 - Gap-on-delayed backer
5 - On-left
6 - Fake pass protection-gut(block out on "odd" call)
7 - On-outside(loop around 6 man to backer on "odd" call)
8 - Release-block down field
QB - Drop back behind 4 man-give ball to FB-continue fake
LH - Flare
RH - Release-block down field
FB - Carrier: Step to side of play-accept ball from QB-read front
Slot 967 Draw
Spread 61 Y Screen Left
Loose 61

2 - Run read pattern
3 - Gap-on-inside
4 - Gap-on-inside
5 - Step and cup
6 - Step and cup
7 - Step and cup
8 - Run read pattern
QB - Roll right 5 step-check front side then back side
LH - Run option pattern
RH - Run read pattern
FB - Block open area between 3 and 4 man
70 Series
80 Series
1. Slot 181 Sally at 7/Slot 989 Sally at 3
2. 182 Down/988 Down
3. 182 Option/988 Option
4. Slot 181 Keep Pass/Slot 989 Keep Pass
5. 187/983
6. 187 XBL/983 XBL
7. 189 Belly Load/981 Belly Load
8. 189 Option/981 Option
9. 189 Option Load/981 Option Load
10. 189 XBL Double Dive/981 XBL Double Dive
11. Blue 81 Waggle/Red 89 Waggle
12. Red 81 Keep Pass/Blue 89 Keep Pass
13. Right Loose Red 81 Option/Left Loose Blue 89 Option
14. Red Rip 82 Down Option
15. Red Rip M 782 Down
16. Spread Motion RT Toss RT/Spread Motion LT Toss LT
Slot 181 Sally at 7

2 - Release (Tight: Gap-on-backer)
3 - Gap-on-backer
4 - Gap-on-backer
5 - Step and cup-block on-outside-delayed backer
6 - Step and cup-block on-outside-delayed backer
7 - Step and cup-block on-outside-delayed backer
8 - Step and cup-block on-outside-delayed backer
QB - Reverse pivot-fake ball to FB-hand off to RH
LH - Leave in early motion-fake 81 Keep Pass
RH - Carrier: Counter step-receive ball from QB-head for tail of 6 man
FB - Fake 83
2 - Gap-down-backer
3 - Gap-down-backer
4 - Pull-block out
5 - Reach-on-backer
6 - Reach-on-backer
7 - Reach-on-backer
8 - Out cut

QB - Reverse pivot-hand off to FB-fake option
LH - Leave in one step motion-fake pitch
RH - Influence first man on or outside 2 man-block area
FB - Carrier: Run for inside foot of 2 man
2 - Gap-down-backer
3 - Gap-down-backer
4 - Pull-log first man on or outside TE
5 - Reach-on-backer
6 - Reach-on-backer
7 - Reach-on-backer
8 - Cutoff
QB - Reverse pivot-ride ball sharply to FB-execute option
LH - Leave in one step motion-be in position to receive pitch
RH - Block first LB to inside
FB - Drive for inside foot of 2 man-block LB to FS
Slot 181 Keep Pass

2 - Out at 15 yards
3 - Gap-down-area
4 - Gap-pull-log 1st man on or outside of 3 man
5 - Step and cup
6 - Step and cup
7 - Step and cup
8 - Tight: Step and cup-drag

QB - Reverse pivot-ride ball to FB-option run or pass
LH - One step motion-get in front of QB-block 1st man off corner
RH - Sprint to flat(look immediately)
FB - Straighten path from outside foot of 3 man-block 1st man in area(hook at 5 yards with called pattern)
2 - Cut off
3 - Pull-check
4 - Pull-block through hole
5 - Post-right
6 - Gap-on-lead
7 - On-outside gap-backer
8 - Tight: On-outside-backer
   Split: Out cut
   Spread: Out cut

QB - Reverse pivot-ride ball to FB-fake 89 Keep Pass
LH - Step up 45 degrees-read tackle-block first backer from 5 man
RH - Leave in early motion-fake 89 Keep Pass
FB - Carrier: Lead step-bend path for inside foot of 7 man-read defensive tackle-select opening
2 - Gap-on-outside
3 - Gap-on-outside(loop around 4 man to backer on "odd" call)
4 - Pull-wall off tail of 5 man(block out on "odd" call)
5 - On-right
6 - Gap-pull-block out
7 - Gap-down-on
8 - Tight: Backer
   Split: Fake crackback-backer
   Spread: Cutoff
QB - Reverse pivot-ride ball to FB-fake 89 Keep Pass
LH - Step up 45 degrees-dive for 7 man's tail-block first backer from 5 man
RH - Leave in early motion-fake 89 Keep Pass
FB - Carrier: Lead step-bend path for inside foot of 7 man-read defensive
tackle(nose on "odd" call)-select opening
2 - Crossing pattern
3 - Step and cup
4 - Step and cup
5 - Step and cup
6 - Pull-block 1st man outside of 7
7 - Block down
8 - Wheel pattern
QB - Reverse pivot-ride ball to FB-execute option-go through reads (1,2,3)
LH - Block 2
RH - Leave in early motion-be in position to receive pitch
FB - Dive for outside foot of 7 man-run hook at 5 yards
2 - Cutoff
3 - Reach-on-backer
4 - Reach-on-backer
5 - Reach-on-backer
6 - Pull-log first man on or outside of 7 man(reach)
7 - Gap-down-backer(reach)
8 - Stalk 1

QB - Reverse pivot-ride ball sharply to FB-execute option
LH - Block 2
RH - Leave in early motion-be in position to receive pitch
FB - Drive for outside foot of 7 man-turn up an block pursuit
2 - Release-block outside defender
3 - Reach-on-backer
4 - Reach-on-backer
5 - Reach-on-backer
6 - Pull-log first man on or outside of 7 man(reach)
7 - Gap-down-backer(reach)
8 - Dive outside tackle-block first man in area to inside
QB - Reverse pivot-ride ball sharply to FB-execute option
LH - Block 2
RH - Leave in early motion-be in position to receive pitch
FB - Drive for outside foot of 7 man-turn up an block pursuit
2 - Reach left
3 - Reach left
4 - Reach left
5 - Reach on-backer
6 - Gap-pull-block out
7 - Gap-down-on
8 - Stalk 1
QB - Reverse pivot-hand ball to RH-continue down the line
LH - Jab step left-dive for 7 man's tail-block 1st backer from 5
RH - Carrier: leave in early motion-turn up at B gap-receive handoff
FB - Jab step left-dive for outside foot of 6 man-block 2nd backer from 5
Blue 81 Waggle

2 - Tight: Crossing pattern
   Spread: Post pattern
3 - Step and cup
4 - Pull(get depth)-block first man outside of 7 man’s block
5 - On-right
6 - Gap-on-outside
7 - Gap-on-outside
8 - Waggle pattern
QB - Reverse pivot-on midline-place ball on hip-get depth but do not threaten flank
LH - Motion-Block 1st man outside of 3 man’s block
RH - WB: Run crossing pattern
   Slot: Run flat pattern
FB - Take one lateral step right-bend path to block first backer from 5 man
Red 81 Keep Pass

2 - Tight: Seam
   Spread: Out at 15 yards
3 - Gap-down-area
4 - Gap-pull-log 1st man on or outside of 3 man
5 - Step and cup
6 - Step and cup
7 - Step and cup
8 - Tight: Step and cup-drag
   Spread: Crossing
QB - Reverse pivot-ride ball to FB-option run or pass
LH - One step motion-get in front of QB-block 1st man off corner
RH - Sprint to flat(look immediately)
FB - Straighten path from outside foot of 3 man-block 1st man in area(hook at 5 yards with called pattern)
Blue 89 Keep Pass
90 Series

1. 193 CTR Trey/997 CTR Trey
2. Slot 199 Option/Slot 991 Option
2 - Down-backer
3 - Down-backer
4 - On-backer-lead
5 - Post on-backside
6 - Pull-kick out 2
7 - Pull-turn up inside of 6 man’s block-block first color outside-in
8 - Vs. 3 deep: block safety
   Vs. 2 deep: block free safety
QB - Reverse pivot-run like option-handoff with left hand to FB at 6 continue down the line
LH - Run left full speed
RH - Vs. 3 deep: block safety
   Vs. 2 deep: block strong safety
FB - Carrier: Fake sweep action-jab step at 6-reverse direction-follow 7 man into the hole
Slot 199 Option

2 - Cutoff
3 - Reach-on-backer
4 - Reach-on-backer
5 - Reach-on-backer
6 - Reach-on-backer
7 - Reach-on-backer
8 - Release-stalk 2
QB - Take one step back-sprint left-execute option
LH - Flare-block 1
RH - Cutoff
FB - Carrier: Sprint left-receive pitch
Slot 991 Option